

# Dame Ellen Pinsent School

## Week 1

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Fajita Quorn Sausage Roll (v)	Lamb Lasagne Quorn Escalope (v)	Barbecue Chicken Fillet Cheese & Onion Pasty (v)	Lamb Biryani Quorn Hot Dog (v)	Homemade Pizza (v) Fish
Noodles	Garlic Bread	Rice	Boiled Potatoes	Chips / Wedges
Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad
Fruit Salad	Jelly	Fruit Salad	Rice Pudding	Chocolate Concrete & Custard

Fresh Seasonal Salad is available every day  
Fresh Drinking Water is available every day  
A selection of freshly baked bread is available every day  
A selection of fresh fruit and yoghurts are available every day

# Dame Ellen Pinsent School

## Week 2

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Pie Quorn Burger (v)	Curry Lamb Pasty Quorn Lasagne (v)	Roast Chicken Spicy Wrap (v)	Lamb Bolognese Vegetable Curry (v)	Margherita Pizza (v) Fish
Boiled Potatoes	Infused Bread	Roast Potatoes	Rice	Chips / Wedges
Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad
Fruit Salad	Jelly	Rice Pudding	Fruit Salad	Chocolate Cracknel & Custard

Fresh Seasonal Salad is available every day  
Fresh Drinking Water is available every day  
A selection of freshly baked bread is available every day  
A selection of fresh fruit and yoghurts are available every day

## Dame Ellen Pinsent School

### Week 3

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cajun Chicken Quorn Bolognese (v)	Selection of Filled Wraps Chow Mein (v)	Lemon Chicken Cheese Flan (v)	Lamb Lasagne Quorn Mince & Vegetable Pie (v)	Pizza (v) Fish
Pasta	Boiled Potatoes	Naan	Garlic Bread	Chips / Wedges
Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad
Fruit Salad	Jelly	Fruit Salad	Rice Pudding	Chocolate Concrete & Custard

Fresh Seasonal Salad is available every day  
Fresh Drinking Water is available every day  
A selection of freshly baked bread is available every day  
A selection of fresh fruit and yoghurts are available every day

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## Week 4

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Sausage & Gravy Teriyaki Quorn Wrap (v)	Oven Baked Chicken Nuggets Pasta Bake (v)	Spicy Meatballs in Tomato Sauce Quorn Roast Dinner (v)	Chicken & Pepper Bake Quorn Lasagne (v)	Pizza (v) Fish
Noodles	Boiled Potatoes	Roast Potatoes	Infused Bread	Chips / Wedges
Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad	Served with Fresh Seasonal Vegetables And/or Salad
Fruit Salad	Jelly	Rice Pudding	Jelly	Sponge & Custard

Fresh Seasonal Salad is available every day  
Fresh Drinking Water is available every day  
A selection of freshly baked bread is available every day  
A selection of fresh fruit and yoghurts are available every day