

RING: BUILD

ACTIVITY: Can I thread it?

Equipment

Wooden spoon. Olympic rings (cut up swimming noodles).
Stiff lace (use a pipe cleaner, straw or washing line).
Soft lace (with a taped tip).
Medium sized beads and hama beads.

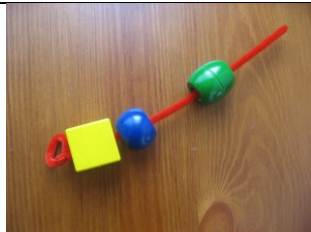
Bronze

Can you put 5 Olympic rings on a wooden spoon handle. Use one hand to hold the spoon and the other to put the rings on. Can you do this in 60 seconds?



Silver

Can you thread 5 Olympic beads on a stiff lace (use washing line, pipe cleaners or a straw).
Can you do this in 40 seconds?



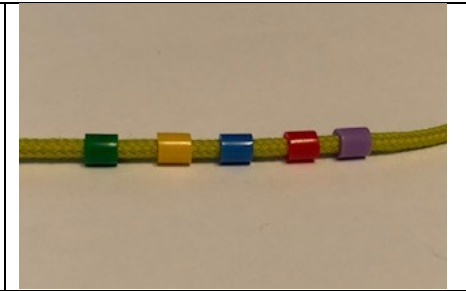
Gold

Can you thread 5 Olympic beads on a soft lace? Can you do this in 20 seconds.
Can you follow the colour sequence set by the teacher and still do it in 20 seconds?



Diamond

Can you thread the Olympic rings hama beads on a soft lace twice over (10 beads). Can you do this in 30 seconds?



Aims

This activity works on the use of two hands together in a coordinated way (bi lateral integration) and eye hand coordination.

Adaptations

Easier

Let a teacher hold the wooden spoon.
Extend the tip of the soft lace with Sellotape.

Harder

Use a softer lace or smaller beads.
Can you pick up more than one bead at a time then thread them one by one (keep the others in your palm). Start with 2 and build this up. Can you do all 5?
Follow the colour order set by the teacher.